



PGCC Learn to Ride Bike Check Form

It is the duty of the Prince George Cycling Club to ensure that all riders are using safe equipment. This checklist outlines any safety issues related to your bike. If you have any questions or concerns about the safety of your bike or this checklist, please inform one of the Learn to Ride leaders. Your bike will be inspected at the first Learn to Ride session, however repairs will not be made at this time. If there is a FAIL, please ensure that you take the bike to be repaired prior to the next session.

Participant: _____ Phone Number: _____

It is **mandatory** that this checklist be taken to a bike shop for review by a certified bike mechanic. The bike shop will perform a safety check on the bike to ensure the bike is in proper working order for your child's safety and the safety of the other children. This check will also minimize time spent on repairs and optimize riding time for the group.

Pass	Fail	Repaired	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Handlebar, stem, seat, seat post, pedals, cranks and important bolts are all tight
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Gears shift smoothly, derailleurs, cables and housing in sound working condition, levers tight, limit screws properly adjusted.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Brakes work properly, levers, cables and housing, pads in good working order and condition.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wheels are reasonably true with no broken or loose spokes.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Frame and fork are not bent, cracked, or otherwise seriously misaligned
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bearings in headset, bottom bracket, cones in hubs, are not excessively loose or in need of urgent repair.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tires are not seriously worn, torn, cracked, cut, or in need of replacement.
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Wheel nuts and/or quick releases are properly installed and
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bell, rear and front reflector/lights

Mechanic's Recommendations: _____

Mechanic's Signature: _____ Date: _____ Shop Name: _____

This bike check is meant to only be a preventative inspection. Neither the bike shop nor the Learn to Ride program organizers are responsible for the state of each participant's bicycle. It is the full responsibility of participants to ensure that their bicycle is properly maintained and safe. Please take your bicycle into the bike shop as soon as possible, as you may need to leave it there for a few days (bike shop's tend to be busiest during nicer weather).